

ABSTRACT

The present invention relates to novel methods and compositions comprising a combination of ingredients for treating aged, mature, nutritionally-compromised, or 5 environmentally-damaged skin. These methods and compositions provide improvements in the skin's visual appearance, physiological functions, clinical properties, and biophysical properties. The compositions of the present invention can include, for example, a compound that stimulates microcirculation through the skin, a compound that stimulates the immune system, a compound that reduces ultraviolet light or sun exposure 10 damage, a compound that evens out the pigmentation of the skin, and/or a compound that improves the barrier properties of the skin.